Principal’s Musings

Hi all & welcome to our third newsletter of the year. It’s hard to believe we’re already half way through the term! Congratulations to all students who competed at the Interschool Swimming Carnival and thanks to the staff and parents who attended. I hope you’re looking forward to Sports Day as much as I am. With such an enthusiastic group of students I’m sure the day will be fantastic. We’ll be keeping an eye on the weather forecast and plan to let you know if there are any last minute changes.

Thanks to everyone who completed the survey included in our last newsletter and apologies for the long link, apparently it did not work for some people. As I’m keen for every member of our community to have an opportunity to respond we held off finalising the results. I’ll be carrying a few questionnaires around during sports day so feel free to grab me for a chat or to complete a survey. Alternatively, feel free to email me at Mike.Sadleir481@schools.sa.edu.au. It’s a mouthful but not nearly as bad as the survey link I supplied!

For your reference I asked the following questions:

What are the things Tintinara Area School does well?
What areas do we need to work on?
What do you want your new principal to know about the school?
The top 5 things the new principal needs to do at Tintinara Area School are...

If you want to jump straight to the top five things I need to do that’s okay too, I know everyone is busy!

As a result of parent feedback I secured a meeting at 31 Flinders St (DECD Headquarters) last Friday with the Assistant Director, Business Services to discuss a safety issue on one of our bus routes. Often issues are raised yet we find our hands tied, making us feel it is no longer worth raising similar issues. I can’t promise the preferred outcome from our meeting however I can mention that DECD will be given a direct liaison with the Department of Transport and Infrastructure to investigate the issue further. Whilst the solution might be reduced to the cheapest option available we will know that we have been given the fairest chance possible. This comprehensive investigation of our issue will also provide guidance as to what can be accomplished in the future. If the community did not raise this issue I would not be in a position to pursue it on your behalf. If that’s not a good reason to respond to the survey (if you haven’t yet) I don’t know what is!

Mike Sadleir
On Thursday 25th of February, over 30 students from Tintinara participated in the annual Upper South East Interschool Swimming Carnival held at Coonalpyn. The swimmers had fantastic conditions to be in the water.
All of our participants did a great job representing the school, giving their best efforts and supporting each other throughout the day. It was particularly pleasing to see swimmers competing in higher age groups in order to fill events. This showed a great team spirit.
There were some excellent performances with a number of our students winning individual races throughout the day. Congratulations to Kira Baxter, Nick Croser, Josh Croser, Gema Harvey, Charlton Manning and Erin Tonkin, who were selected as part of the Upper South East team to compete at the Marion Aquatic Centre.

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Thank you to all of the staff and parents who helped out with the duties allocated to us as a school. And thank you to all of the parents, friends and family that came along to support our swimmers.

Dylan Carter (PE Teacher/ Sports Coordinator)

On Wednesday the 2nd of March, Gema Harvey, Nick Croser, Kira Baxter, Josh Croser, Erin Tonkin and Charlton Manning participated in the SSSSA Swimming this year. It was held at the SA Aquatics and Leisure Centre in Adelaide. We were selected based on our performances at our annual Interschool Swimming at Coonalpyn. We had a successful day, coming fourth overall.

Individual Results include:
Gema Harvey: U/16 Backstroke – 8th, U/16 Freestyle – 7th, U/16 Freestyle Relay – 3rd
Nick Croser: U/16 Freestyle - 1st, U/16 Freestyle Relay - 1st Open Medley Relay – 5th
Josh Croser: U/14 Backstroke – 4th, U/15 Freestyle Relay – 8th
Erin Tonkin: U/14 Breaststroke- 4th, U/15 Freestyle – 5th, Relay – U/15 Freestyle Relay - 3rd
Charlton Manning: U/14 Breaststroke - 9th; U/14 Freestyle Relay - 3rd

I would like to thank all parents/caregivers for taking your children to the event.
By Charlton Manning
In week 5 the Year 11/12s went to Pt Noarlunga for their aquatics camp. This year we decided to join Coomandook and go surfing. This was exciting as only a handful of the students had tried it before. We were very fortunate throughout the week with good weather and good waves. As it was a new skill, the first day was all about getting comfortable with your board through a range of different ways. They focused on paddling and balancing on their boards as well as practising standing up on whilst on the sand to build confidence. The other three days focused on catching the waves. It was great to see everyone make significant improvements and all catching waves by the end of the camp. I was very proud of our students at Tintinara as they were respectful and well behaved throughout the camp. The instructors personally thanked our school and Coomandook for being a great group.

Dylan Carter (PE Teacher/ Sports Coordinator)
Preschool Inside and Outside Play
Big Thankyou to Ali Vowles once again for donating her time and skills this year for the Preschoolers swimming lesson.
This year we have an enthusiastic group of students for the Student Representative Council. The election of office bearers was as follows:

President- Zara Keller  
Vice President- Elsa Keller  
Secretary- Jaimie-Lee Doolan  
Treasurer- Gema Harvey  
Publicity Officer- Charlton Manning  
Correspondence Secretary- Ellie Meyer

From the Junior School, Class Representatives are Laynie Wait, Charlie Vandeleur, Ruby Schulz, Gabby Seidel, Sam Desmazures, Chloe Cutchie and Tara Nicolle. From the Middle School Class Representatives are Ebony Baxter and Erin Tonkin.

The Leaders Induction Day will be held on Wednesday 30th March at 9am. A letter will be sent home closer to the date.

The first SRC activity will be selling cold drinks on Sports Day.

Julianne Wandel and Tess Rohan

Students from Tintinara Year 11 Hospitality joined with Keith students at Keith Area School for the Commercial Bakery Course conducted by TAFESA.

Plain bread and cheese and bacon scrolls were made on the day.
Sports Day Information

Preschool Sports Day Lunch

The Tintinara Preschool will be catering with a BBQ lunch from approx 11.45am 

On Sports Day this year on Friday 11 March 2016

The following will be available from the BBQ Trailer

- Sausages $2.50
- Hamburgers with Coleslaw $4.50
- Hamburgers without coleslaw (plain) $4.00

Thank you for your continued support of our Preschool. Funds raised will go towards new custom purpose chairs and tables for the Preschool Room.

SRC Stall

The SRC will be selling drinks on Sports Day

- Bottled water $2.00
- Soft Drinks $2.00
- Fruit Boxes $1.50

Cake, Tea and Coffee Stall

The Lutheran Ladies will provide cake, tea and coffee on Sports Day. Available for $1.00 each.
LIBRARY NEWS

Adult Fiction:
The friends we keep          Susan MALLERY
The silent inheritance      Joy DETTMAN
Outback sisters             Rachael JOHNS
Breakdown                   Jonathan KELLERMAN
Tread softly Alice          Jessica BLAIR
Find her                    Lisa GARDNER
Brotherhood in death        J.D. ROBB
The bitter season           Tami HOAG
Blue                        Danielle STEEL
The reluctant jillaroo      Kaz DELANEY
NYPD Red #4                 James PATTATER

Large Print:
First impressions           Margaret THORNTON
Beneath an outback sky      Noelene JENKINSON
Easterleigh Hall at war     Margaret GRAHAM
Breakdown                   Jonathan KELLERMAN
Wild lands                  Nicole ALEXANDER
Heartbreaker                Linda HOWARD
Close to home               Pamela COOK
The Cinderella murder       Mary HIGGINS CLARK
Stars of fortune            Nora ROBERTS

Library Closure

The library will be closed on

Friday 11 March (Sports Day)

We sincerely apologise for any inconvenience that this may cause.

Children’s Fiction
Teresa: a new Australian    Deborah ABELA
Matty’s comeback            Anette HEISS
Iris and the tiger          Leanne HALL
Trouble at home             Cate WHITTLE

Alice-Miranda:
Alice-Miranda takes the lead Jacqueline HARVEY
Alice-Miranda on holiday
Alice-Miranda shows the way
Alice Miranda at the palace
Alice Miranda to the rescue

Countdown to danger:
Bullet train disaster        Jack HEATH

DVDs:
Classification: G
ABC Aussie favourites

Children’s Picture Books:
The big fish                   Pamela ALLEN
Is it big or is it little?    Claudia RUEDA
New Year surprise!           Christopher CHENG
Cyclone                      Jackie FRENCH
Be brave little pink piglet! Phil CUMMINGS
Find me a castle             Beci ORPIN
No place like home           Ronojoy GHOSH
Echidna Jim went for a swim  Phil CUMMINGS
Clarrie’s pig day out        Jen STORER
Stanley                      Colin THOMPSON
I love Easter                Anna WALKER
Aussie Easter hat parade     Colin BUCHANAN
Egg hunting we will go       Jay LAGA’AIA

Board Books:
Out of shapes                Ashley G
The little koala who lost his tree Jedda ROBAARD

AUTHOR EVENT

Lunch and book signing with
Wendy Altschwager
Presenting Talk of the town
on Monday 4 April 2016
at The Tintinara Bowls Club
12 noon for 12:30 p.m.

Proudly sponsored by
CentaCare

Places limited please contact the library
Phone: 8757 2120

Catered by: Fancy Some Food
Tintinara Lions Club
Wool Show / Auction / Craft & Produce Market
Sunday 1st May 2016 - Tintinara Town Oval

AUCtion:
Could you do with some extra dollars? Of course you could! The Tintinara Lions Club may well have the answer to get those extra dollars.

On the Sunday 1st May 2016 the Tintinara Lions Club are holding their Annual Auction. Go through the shed / cupboards and find the things that “might come in handy one day” but never do! If you start planning now, you can get those extra dollars and, remember that any large items ie: machinery, motor vehicles, good quality furniture, firewood, buildings materials etc; can be photographed and listed on the Tintinara Lions Website at www.tintinara.com/lions. This will attract extra buyers!

Auction Goods Contact: Colin Webb - 0428 855 064, Keith Harkness - 0427 602 750 or Brenton Jones - 0429 469 439

CRAFT & PRODUCE MARKET + MUCH MORE:
This year the Market is larger and more varied in the products being offered!
Specialty foods, motorbikes, musical instruments, sheep feeders, fashion clothing, bags, quilts and much more!

If you would like to have a Site at the Market, please contact:
Jim Cunningham - 0428 855 060

SAVE THE DATE!
Tinti Under the Stars proudly presents the stage show; “The Luv Boat” by Matt Byrne Media
Saturday, 7th May
Stay tuned for details!
BORDER DOWNS TINTINARA JUNIOR DEVELOPMENT COMMITTEE

wish to advise the

REGISTRATION NIGHT AND FIRST TRAINING FOR THE

2016 SEASON

FOR THE FOLLOWING GRADES

SENIOR COLTS FOOTBALL
JUNIOR COLTS FOOTBALL
D GRADE NETBALL
E GRADE NETBALL
F1 GRADE NETBALL
F2 GRADE NETBALL

at the
Tintinara Football Clubrooms and Netball Courts
Thursday 17th March 2016
4pm til 6pm

Payment of football subs would be appreciated on the night.
If primary school aged children would like to use a sports voucher to cover cost of subs please print out form (www.sportsvouchers.sa.gov.au) and bring it with you. Enquiries to Nola Connor 0438 888 746 or Vicki Jacobs 0438 711 035.

LOST AND FOUND

After the 2015 Presentation Night, two camera lenses were left behind. Please contact the Front office if they belong to you.

Coonara Scout Group

Come and Try – 3 FREE sessions.

CUBS - Wednesday nights 5:45pm-7:15pm
SCOUTS- Monday nights 5:30pm-7:30pm
RSL HALL COONALPYN

If you are interested, please contact LIC Chisholm Cutchie on 0437355354 or cbcutchie@skymesh.com.au
Community News

To celebrate National Youth Week come along to our Health and Wellbeing Festival
Tuesday, 12th of April 2016
10am-2pm @ The Station
3-5 Railway Tce, Murray Bridge

Free Community event!

With special guest, Chad Wingard
stalls // delicious food // entertainment

For more info: 8331 2122

Headspace

Centacare

Coorong Drought Assistance Program
Is inviting you to attend a 12 hour Standard Mental Health First Aid (MHFA) Course

This course teaches first aid skills for adults members of the public to give the initial help to adults experiencing mental health problems, in a mental health crisis situation, or in the early stages of a mental illness.

Where: Tintinara Soldiers Memorial Hall, Bake Terace, Tintinara.
When: March 22nd & 23rd (2 day course) 9.00 am to 4.00 pm
Instructor: Joni O'Shaugh
Cost: Free (donations $150)

If you are interested in the 12-hour Standard Mental Health First Aid course, please contact:
Contact: Bill Eden 08 8531 8888. Applications close 15/03/2016. Eligibility criteria applies.

Additional Information:
Morning tea, lunch and afternoon tea provided (If you have any dietary requirements please contact us before the training).
Tea and coffee facilities available.

Centacare Murray Bridge
50 Adelaide Road Murray Bridge SA 5253
Telephone: 8531 8888 Fax: 8531 8879
www.centacare.org.au

This service is funded by the Australian Federal Government
Department of Social Services

Mental Health First Aid

The 12-hour Mental Health First Aid course teaches adults (18 years and over) how to provide initial support to adults who are developing a mental illness or experiencing a mental health crisis. The course curriculum is based on the MHFA Guidelines.

Claim CPD Points

Most professionals can claim attendance at a MHFA course for Continuing Professional Development (CPD) with their industry body.

The Standard Mental Health First Aid Course has been endorsed for Continuing Professional Development (CPD) points for a number of professions.

What the Courses Covers

Course participants learn about the signs and symptoms of the common and serious mental health problems, how to provide initial help, where and how to get professional help, what sort of help has been shown by research to be effective, and how to provide first aid in a crisis situation.

Developing mental health problems covered are:

• Depression
• Anxiety problems
• Psychosis
• Substance use problems

Mental health crisis situations covered are:

• Suicidal thoughts and behaviours
• Non-suicidal self-injury (sometimes called deliberate self-harm)
• Panic attacks
• Traumatic events
• Severe effects of drug or alcohol use
• Severe psychotic states
• Aggressive behaviours

This is a 12-hour course, and participants receive a copy of the Standard MHFA Manual to keep and a Certificate of Completion.

Can anyone attend a course?

Any interested adult can attend. Please note this course is not a therapy or support group, rather it is an educational course to learn how to give first aid to others.

Centacare

Coorong Drought Assistance Program
Is inviting you to attend a Women’s Wellbeing Workshop

Where: The Community Hub, 2 Richards Tce, Coonalpyn
When: Tuesday 1st March 2016 from 9.30am - 12.30
Cost: FREE and Morning Tea will be provided.

Come along to learn how to relax and find some nourishing ways to look after yourself, and your family, as well as have a lot of fun in the process!

RSVP: If you are interested in attending this event or require further information please contact:
Kristy at the Hub on 8571 1018 or Sharon at the Murray Bridge Centacare office on 8531 8888

Additional Information: Numbers are limited.
Community News

Opportunities for parents/carers

FREE seminar – Toddlers and touch screens: what should I do?

Touchscreens have become part of our everyday world. Parents are amazed at how quickly toddlers become adept in using them and how easily they hold a child’s attention. However, they are also unsure if it is safe for toddlers to use touchscreens regularly.

Come and hear nationally recognised parenting speaker, author and researcher Dr Justin Coulson talk about:

- the pros and cons of the digital age for children 0 to 5 years
- how to frame touchscreens and games
- how to manage electronic media use.

The event will be webcast to accommodate parents and carers who cannot attend in person.

Date and time: Tuesday 5 April, 7:00 to 9:00pm
Venue: City Rooms, Adelaide Convention Centre, North Terrace
Register online at http://parentingса.au/evetnir.com.au to attend, or to view the webinar.

For more information, visit http://www.decd.sa.gov.au/parentingса/seminars.htm or phone Parenting SA on 8303 1860
Contact: Senior Health Promotion Officer, Parenting SA, Dorian Marsland-Smith, phone 8161 7159

FREE seminar – Children, teens and pornography: what every parent should know

The online is filled with risks for children and families. Come and hear nationally recognised parenting speaker, author and researcher Dr Justin Coulson talk about:

- the alarming statistics regarding children’s access to online pornography
- the impact on boys and girls
- how parents can guide their child or teen.

The event will be webcast to accommodate parents and carers who cannot attend in person.

Date and time: Wednesday 6 April, 7:00 to 9:00pm
Venue: City Rooms, Adelaide Convention Centre, North Terrace
Register online at http://parentingса.au/evetnir.com.au to attend, or to view the webinar.

For more information, visit http://www.decd.sa.gov.au/parentingса/seminars.htm or phone Parenting SA on 8303 1860
Contact: Senior Health Promotion Officer, Parenting SA, Dorian Marsland-Smith, phone 8161 7159

Tristar Media

Release

NEW FULLY BULK BILLING CLINIC TO OPEN IN TINTINARA 9TH MARCH 2016.

We are excited to announce Tristar Medical Group Tintinara will be opening our doors at the Tintinara Health Centre located at 2 Helling Terrace Tintinara from Wednesday 9th March 1:00pm – 5:00pm.

Tristar Medical Group Tintinara will be serviced by Dr. Alla Maynard (Female) from our Keith clinic each Wednesday afternoon and will be supported by the beloved Tintinara local nursing services team.

Tristar Medical Group Tintinara is committed to providing its patients with a high standard of care for the benefit of each patient’s health and wellbeing. Tristar Medical Group continues to facilitate medical services to the communities around the Tintinara area. We now bring together a range of medical practitioners and services to deliver better health care tailored to the needs and priorities of the local community.

Appointments can be made now by calling our Tristar Medical Group Keith Clinic on 8755 1766.

We look forward to your continued support of our facilities in the local region, as we strive to provide Tintinara and surrounding communities with the quality health services they require.

For more information, feel free to contact the local team at Tristar Medical Group Keith on 8755 1766.
BUS TRAVEL ABSENCE NOTIFICATION

Please fill in and return to the school Front Office when changes to normal travel arrangements are made.

Student/s Name/s: ___________________________ Bus Route: ______________

Date of absence/s: _____/_____/______ to: _____/_____/______ AM PM BOTH (please circle relevant time)

Parents/Caregivers please note: Bus Drivers will need to be notified directly of morning absences as well.

Changes to normal travel (eg different bus route, travelling with another student, etc): __________________________

For students that wouldn’t normally utilise buses (eg live under 5km from School) and have a need to use one of the routes throughout the year (eg sleepovers, sporting commitments etc) permission will need to be sought from the Principal PRIOR to travel taking place.

Parent/Caregiver Name: ___________________________ Parent/Caregiver Signature: ___________________________

Date: ______/_____/______ [Office Notified: ___________________________ Changes made: ______________]

NOTIFICATION OF STUDENT ABSENCE

Student Name: ___________________________ Year Level: ___________________________

Homegroup Teacher: ___________________________

Date of Absence/s: On _____/_____/______ or up to and including _____/_____/______

Reason for Absence: ___________________________

Parent/Caregiver name: ___________________________ Date: ______/_____/______

Parent Signature: ___________________________ [Teacher Signature: ___________________________]  

Please fill in and return to the school with your child/ren prior to absence or on their return to class. If there is a planned absence of a period which is of more than two school days, please obtain an ED175 (Application for Exemption) form from the Front Office to be filled in prior to leave happening. Thank you.

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